gottadance
fun. fit. focus.

The heart of dance in the heart of New Jersey

Mapping your Gotta Dance Path...A Guide for Opal Ballet Dancers

Opal level dancers have been dancing down the "Gotta Dance Path" for some time now. It's time to consider the paths which are available to you at Gotta Dance: **Ballet or Ballet/Pointe** . Eligible dancers will be considered to start Pointe at the Pearl level if they have taken Ballet twice a week at the Aqua level. Classes are offered "back to back" to allow dancers to easily take multiple classes per week . You are also eligible to enroll in **Pre-Contemporary** for the Fall season. Dancers are required to take a Ballet AND a Jazz class concurrently. Our goal is to offer the most opportunities for educating well-rounded dancers. Best of luck in your decision...and your journey!

Ballet

Think: Swan Lake

What to Expect in Ballet

- The foundation of every dance discipline.
- Improves strength, coordination, flexibility, and movement fluidity.
- Dancers progress through the Gotta Dance ballet syllabi as they advance, learning and perfecting new ballet steps to challenge the mind and body.
- Dancers wear ballet slippers for all classes.
- pportunity to audition for Gotta Dance Nutcracker Ensemble's Top Twelve!

Ballet/Pointe

Think: Swan Lake

What to Expect in Pointe

- **Requires recommendation by your Ballet Dance Educator and The Gotta Dance Pointe Panel. Review Gotta Dance's Ballet Pointe Program Guide on Gotta-Dance.com/Classes/Ballet.**
- Dancers wear pointe shoes for a 1/2 hour class immediately following their technique class .
- Open only to Pearl & Up level dancers taking 2+ ballet classes per week; must have taken 2 ballet classes in the 2016/2017 season and must register for 2 ballet classes in the coming season.
- Suitable for dedicated ballet dancers who are passionate and committed to technical mastery.
- Opportunity to audition for Gotta Dance Nutcracker Ensemble's Top Twelve!

Pre-Contemporary

Think: So You Think You Can Dance

What to Expect in Pre-Contemporary

- Pre-Contemporary dance is a fusion of lyrical jazz, ballet and modern, focusing on strength and athleticism. Pre-Contemporary will provide an introduction to this dance style.
- Prerequisite: Dancers must have completed a ballet or jazz class, Amethyst level or higher in order to enroll.
- Dancers must be concurrently enrolled in a Jazz AND Ballet class, one being Opal level or higher while taking Pre-Contemporary. Example: A dancer may be enrolled in Garnet Grades 3-5 Ballet and Opal Jazz and take Pre-Contemporary.
- Dancers examine the emotive possibilities for movement as a catalyst for self-expression.
- Dancers learn the significance of dynamic variation and movement quality.
- Movements are varied; sharp, dynamic, edgy, with non-classical turns, extensions and leaps.
- Pre-Contemporary dance also allows the creative dancer room for personal interpretation.